THE GABRIEL METHOD™

Detox Program
Recipe for Concluding the Cleanse

Som Tum Salad

- 1 garlic clove
- 8 cherry tomatoes
- 1-2 chilli peppers
  (or 1 tsp of cayenne powder)
- 2 cups green papaya, shredded
- Juice of 1 lime or lemon
- pinch of sea salt
- 1/2 tbsp coconut palm crystals (optional)
- Thai basil for garnish

Method

Shred papaya and set aside. Using a mortar and pestle, smash garlic clove, tomatoes and chili. Use a big bowl if you don't have a large mortar and pestle. Add remaining ingredients and mix together. Garnish with basil, let it sit for 15-20 minutes so flavors can marinate before serving.